



Brought to you by:



**Truck Drivers and Helpers Local 355
Health and Welfare Fund**

**So many reasons
to use Teladoc®!**

Teladoc gives you 24/7/365 access to a doctor through the convenience of phone or video consults. It's an affordable option for quality medical care. **Doctors can diagnose and prescribe medication, if necessary, to the pharmacy of your choice.**



Talk to a doctor anytime, anywhere you happen to be



Receive quality care via phone or online video



Prompt treatment, average call back in 9 min



A network of doctors that can treat children of any age



Secure, personal and portable electronic health record (EHR)



No limit on consults, so take your time

WHEN CAN I USE TELADOC?

- When you need care now
- If your doctor is unavailable
- If you're considering the ER or urgent care center for a non-emergency issue
- On vacation, on a business trip, or away from home
- For short-term prescription refills, 3-5 days, but not for 30 or 90 days.

GET THE CARE YOU NEED

Teladoc doctors can treat many medical conditions, including:

- Cold & flu symptoms
- Allergies
- Bronchitis
- Skin problems
- Respiratory infection
- Sinus problems
- And more!

SHARE WITH YOUR PCP

With your consent, Teladoc is happy to provide information about your Teladoc consult to your primary care physician or child's pediatrician.

You have access to a Doctor **DAY OR NIGHT**

\$0 Copay

**Truck Drivers and Helpers Local 355 Health and Welfare Fund
Members and Eligible Plan Dependents have FREE \$0 Copay access**

**Hitting the road?
Take a doctor with you.**

**Talk to a doctor anytime for Free
24/7/365 \$0 Copay**

Set Up Your Account By: 1. Internet, 2. Phone Call, or 3. Mobile App

1. Member.Teladoc.Com/Registration

2. 1-800-Teladoc (835-2362)

3. Teladoc.com/mobile

Or, open your smart phone camera and scan this QR code.



In Delaware, according to state law, the first Telemedicine consultation must be via video, then can be by phone or video for any consults after the first
Your current prescription drug program costs still apply when picking up a prescription at the pharmacy of your choice
Minor Dependents are pre-registered under the primary member, who can also complete the minor's medical history questions

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